



Kilimanjaro September 2009 - 11Day Lemosho Route with Extra Day **Tentative Itinerary**

Depart Canada – Friday Sep 4, 2009

KLM 8682 Friday Sep 4, 2009 Vancouver/Amsterdam 1850/1315+1

Arrive Amsterdam – Saturday Sep 5, 2009, Transfer & Overnight Stay

KLM 569 Sunday Sep 5, 2009 Amsterdam/Kilimanjaro 1020/1945

Sunday Sep 6, 2009 – DAY 1: Arrive Africa - Transfer & Overnight at the Impala Hotel

The Lemosho Glades route via the Western Breach is among the least used combination of routes on Kilimanjaro. The trail leads up to the western edge of the Shira Plateau, and the hike across the plateau is said to be one of the most stunningly beautiful hikes in Africa. With 8 nights on the mountain, your chances of reaching the "Roof of Africa" are very good.

Standout-Adventures takes pride in providing gourmet food and comfortable camps throughout the climb, and porters will carry your equipment. All of these factors combine to maintain our high success rate--98%.

The Impala Hotel is located in Arusha, at the foot of Mount Meru adjacent to a quite residential area in the suburbs of Arusha just one kilometre from town centre and 30 minutes drive from Kilimanjaro International Airport. The hotel offers 160 well-furnished rooms which includes; 10 junior suites, 20 executive suites and 10 deluxe suites, all with en-suite bathrooms and 21 inch colour TV. The rooms are spacious, well ventilated and are specially designed to make you comfortable. There is a direct dial telephone facility and room-to-room connection. www.impalahotel.com

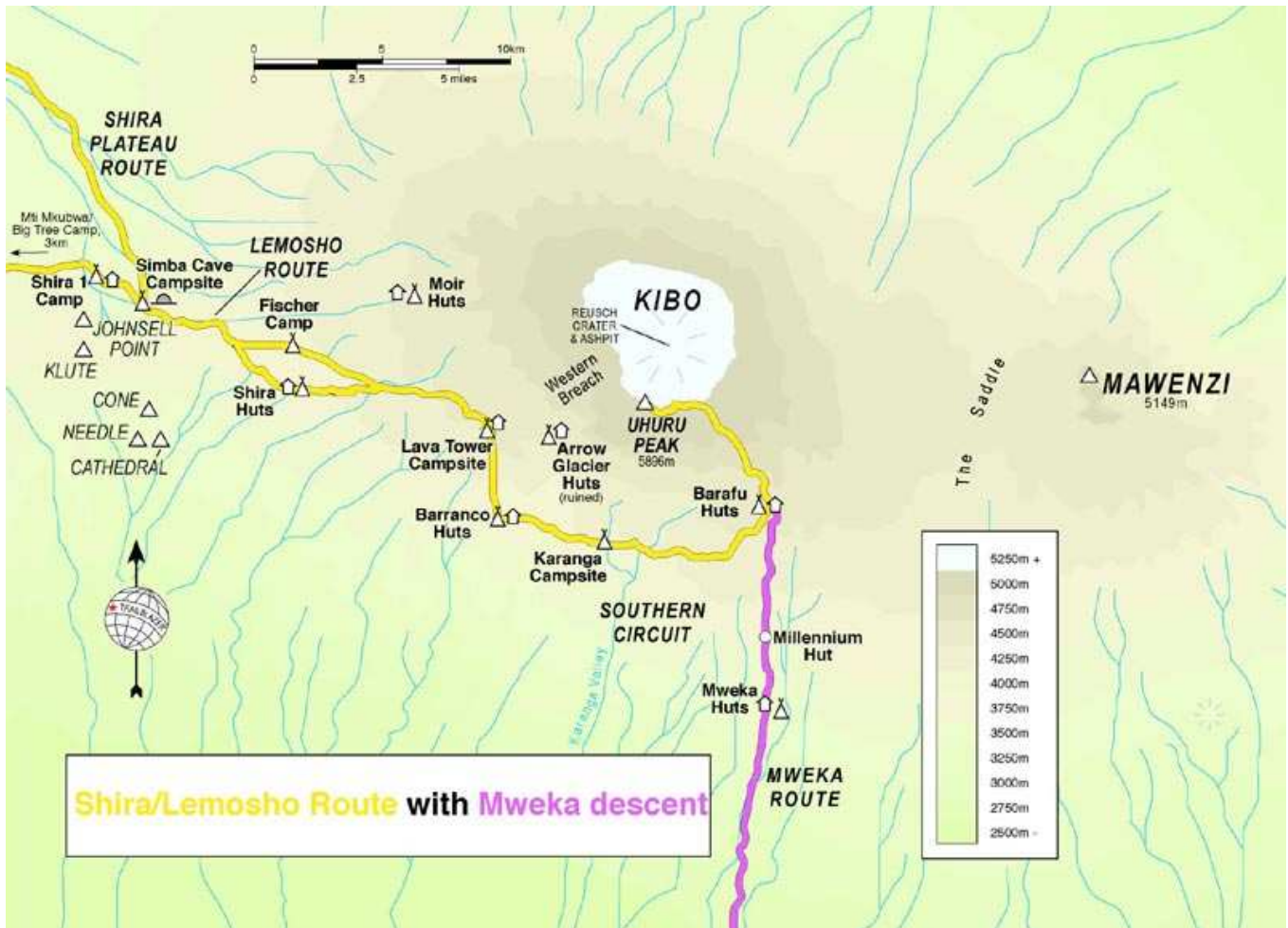
Monday Sep 7, 2009 –DAY 1a: Rest Day – Additional Rest & Acclimatization Day

Tuesday Sep 8, 2009 - DAY 2: Acclimatization Day: ARUSHA NATIONAL PARK

A day to acclimatize to the time zone, on this day we recommend our clients to go to Arusha National Park, for a guarded walk by game rangers. Nothing strenuous but a chance to enjoy game while walking in the National Park with picnic lunch boxes from the Impala Hotel. Back to your hotel for dinner and overnight



Lemosho Route with Mweka Descent



Wednesday Sep 9, 2009 - DAY 3: FOREST CAMP (Mti Mkubwa Camp)

Elevation (m): 2100m to 2750

Hiking Time: 3 hours

Habitat: Montane Forest

Depart Arusha at 7:30a.m. for Londorossi gate, about 4 hours, where you will complete entry formalities. Then drive to the Lemosho trailhead (another hour to reach the trailhead). Upon arrival at trailhead, eat lunch, and then commence through undisturbed forest which winds to the first camp--about 3-4 hours of trekking. Overnight at Forest Camp (Mti Mkubwa Camp)



Thursday Sep 10, 2009 - DAY 4: SHIRA 1 CAMP

Elevation (m): 2750m to 3860m

Hiking Time: 5-6 hours

Habitat: Moorland

Once out of the forest, take a steep track into a Savannah of tall grasses, heather, and volcanic rock draped with lichen beards. Ascend through the lush rolling hills below the Shira plateau, finally reaching camp at the edge of the plateau, a day of 5-6 hours trekking. The view of Kibo from across the plateau is amazing.

Friday Sep 11, 2009 - DAY 5: SHIRA 2 CAMP –

Elevation (m): 3860m to 4200m to 3840m

Distance: 7 km

Hiking Time: 4 hours

Habitat: Alpine Desert

Full day exploration of the Shira plateau; Trek east toward Kibo's glaciated peak, with the option to visit the ancient collapsed Shira cone, the oldest of Kilimanjaro's three volcanoes. Arrive at Shira 2 camp (Fischers's Camp), at 3840m. Shira is one of the highest plateaus on earth. Trekking time without the optional excursions is about 3 hours.

Saturday Sep 12 2009 - DAY 6: Shira Camp to Lava Tower to Barranco Camp

Elevation (m): 3840m to 4630m to 3950m

Distance: 15 km

Walking Time: 6-7 hours

Habitat: Alpine desert

From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction, which brings us up to the Arrow Glacier at an altitude of 4630m. We now continue down to the Barranco Hut at an altitude of 3950m. There are many senecio and lobelia plants around the camp site which make this camp site unique



Sunday Sep 13, 2009 - DAY 7: Barranco Camp to Karanga Camp

Elevation (m): 3950m to 4200m

Distance: 7 km

Hiking Time: 4 hours

Habitat: Alpine Desert

After breakfast, we leave Barranco and continue on a steep ridge passing the Barranco Wall, to the Karanga Valley campsite.

Monday Sep 14, 2009 - DAY 8: Karanga Camp to Barafu Camp

Elevation (m): 4200m to 4700m

Distance: 6 km

Hiking Time: 4-5 hours

Habitat: Alpine Desert

From Karanga the tour heads up a moraine ridge taking your time and going slowly. The views here can be spectacular on the southern glaciers and of the glacial valleys that snake their way down the mountain. The final stage to Barafu is quite steep, and as always it's taken it very slowly.

Tuesday Sep 15, 2009 - DAY 9: Barafu Acclimatization & Rest Day

Elevation (m): 4700

Distance:

Hiking Time: hours

Habitat: Alpine Desert

Acclimatization day-After breakfast we climb higher up for 2hrs and then back to Barafu camp for lunch and a brief info as we prepare to sleep early for the summit.



Wednesday Sep 16, 2009 – DAY 10: Barafu to SUMMIT / Mweka Camp

Elevation (m): 4700m to 5895m to 3100m

Distance: 7 km Ascent 23 km Descent

Hiking Time: 16 hours

Habitat: Alpine Desert

You will rise around 23h30, and after some tea and biscuits you shuffle off into the night. You will head in a northwesterly direction and ascend through heavy scree towards Stella Point on the crater rim. This 6-hour walk to Stella point is for many climbers, mentally and physically the most challenging on the route. At Stella Point (5685m) you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point you will normally encounter snow all the way on your 2-hour ascent to Uhuru Peak. After a short time at the summit, descend along the gently sloping crater rim to Stella Point, and then descend the Mweka Route down a steep scree slope to Barafu Camp 4,600 m for lunch. In the afternoon continue the descent into the Heather Zone to Mweka Camp for the night.

Thursday Sep 17, 2009 - DAY 11: Mweka Camp – Mweka gate

Elevation (m): 3100m to 1980m

Distance: 15 km

Hiking Time: 4-5 hours

Habitat: Forest

From the camp to the gate, you'll have 4 to 5 hours of walking. Upon your arrival at the gate you'll have lunch and then will be transferred to Arusha. Stay at the Impala Hotel.

Depart Africa – Friday Sep 18, 2009

KLM Friday Sep 18/09 Kilimanjaro/Amsterdam 2040/0700+1

KLM 8681 Saturday Sep 19/09 Amsterdam/Vancouver 1540/1630

Africa Extensions are Available

You may want to stay on for additional days to enjoy the Kilimanjaro area, or take in a safari or gorgeous Zanzibar. Extensions are available upon request and are at an additional charge.