



Kilimanjaro 10 Day Lemosho Route

DAY 1 ARRIVE AFRICA –Transfer & Overnight at the Impala Hotel OR equivalent

The Lemosho Glades route via the Western Breach is among the least used combination of routes on Kilimanjaro. The trail leads up to the western edge of the Shira Plateau, and the hike across the plateau is said to be one of the most stunningly beautiful hikes in Africa. With 7 nights on the mountain, your chances of reaching the "Roof of Africa" are very good. Standout-Adventures takes pride in providing gourmet food and comfortable camps throughout the climb, and porters will carry your equipment. All of these factors combine to maintain our high success rate--98%.

The Impala Hotel is located in Arusha, at the foot of Mount Meru adjacent to a quite residential area in the suburbs of Arusha just one kilometer from town centre and 30 minutes drive from Kilimanjaro International Airport. The hotel offers 160 well-furnished rooms which includes; 10 junior suites, 20 executive suites and 10 deluxe suites, all with en-suite bathrooms and 21 inch colour TV. The rooms are spacious, well ventilated and are specially designed to make you comfortable. There is a direct dial telephone facility and room-to-room connection. www.impalahotel.com

Additional Suggested Rest Day: - Overnight at the Impala Hotel OR equivalent – ADDITIONAL COST

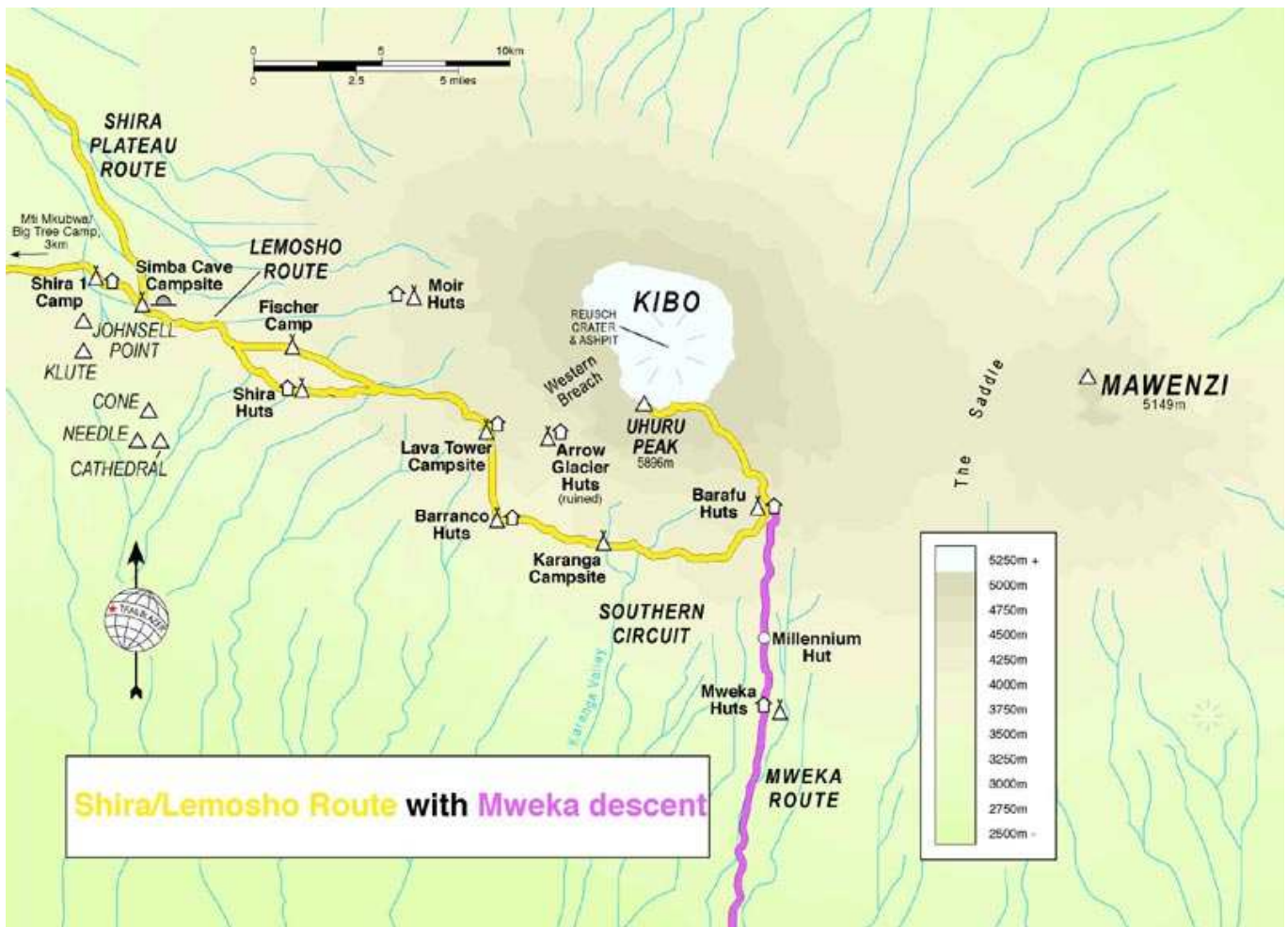
It is suggested to add an additional rest day in Arusha to help adjust to the new time zone and get over jet lag. This is an additional cost of \$60US per person but well worth it. Adding this extra day makes it an 11 day tour.

DAY 2 Acclimatization Day: ARUSHA NATIONAL PARK

A day to acclimatize to the time zone, on this day we recommend our clients to go to Arusha National Park, for a guarded walk by game rangers. Nothing strenuous but a chance to enjoy game while walking in the National Park with picnic lunch boxes from the Impala Hotel. Back to your hotel for dinner and overnight



Lemosho Route with Mweka Descent



DAY 3: FOREST CAMP (Mti Mkubwa Camp)

Elevation (m): 2100m to 2650

Distance: 10 km

Hiking Time: 3 hours

Habitat: Montane Forest

Depart Arusha at 7:30a.m. for Londorossi gate, about 4 hours, where you will complete entry formalities. Then drive to the Lemosho trailhead (another hour to reach the trailhead). Upon arrival at trailhead, eat lunch, and then commence through undisturbed forest which winds to the first camp--about 3-4 hours of trekking. Overnight at Forest Camp (Mti Mkubwa Camp)



DAY 4: SHIRA 1 CAMP

Elevation (m): 2650m to 3609m

Distance: 12 km

Hiking Time: 5-6 hours

Habitat: Moorland

Once out of the forest, take a steep track into a Savannah of tall grasses, heather, and volcanic rock draped with lichen beards. Ascend through the lush rolling hills below the Shira plateau, finally reaching camp at the edge of the plateau, a day of 5-6 hours trekking. The view of Kibo from across the plateau is amazing.

DAY 5: SHIRA 2 CAMP

Elevation (m): 3609m to 3849m

Distance: 5 km

Hiking Time: 5 – 6 hours

Habitat: Alpine Desert

Full day exploration of the Shira plateau; Trek east toward Kibo's glaciated peak, with the option to visit the ancient collapsed Shira cone, the oldest of Kilimanjaro's three volcanoes. Arrive at Shira 2 camp (Fischers's Camp), at 3840m. Shira is one of the highest plateaus on earth. Trekking time without the optional excursions is about 3 hours.

DAY 6 -- SHIRA CAMP TO LAVA TOWER TO BARRANCO CAMP

Elevation (m): 3849m to 4600m to 3948m

Distance: 6 km

Walking Time: 5 hours

Habitat: Alpine desert

From the Shira Plateau, we continue to the east up a ridge, passing the junction towards the peak of Kibo. As we continue, our direction changes to the South East towards the Lava Tower, called the "Shark's Tooth." Shortly after the tower, we come to the second junction, which brings us up to the Arrow Glacier at an altitude of 4600m. We now continue down to the Barranco Hut at an altitude of 3948m. There are many senecio and lobelia plants around the camp site which make this camp site unique.

DAY 7--- BARRANCO CAMP TO KARANGA CAMP

Elevation (m): 3948m to 3963m

Distance: 6 km

Hiking Time: 3.5 hours

Habitat: Alpine Desert

After breakfast, we leave Barranco and continue on a steep ridge passing the Barranco Wall, to the Karanga Valley campsite.



DAY 8 -- KARANGA CAMP TO BARAFU CAMP

Elevation (m): 3963m to 4600m

Distance: 4 km

Hiking Time: 3.5 hours

Habitat: Alpine Desert

From Karanga the tour heads up a moraine ridge taking your time and going slowly. The views here can be spectacular on the southern glaciers and of the glacial valleys that snake their way down the mountain. The final stage to Barafu is quite steep, and as always it's taken it very slowly. As with the day before you reach camp by around lunch time leaving lots of time to prepare and relax. In the evening your guide briefs you for the final ascent.

DAY 9: BARAFU TO SUMMIT / MWEKA CAMP

Elevation (m): 4700m to 5896m to 3100m

Distance: 5 km Ascent 23 km Descent

Hiking Time: 16 hours

Habitat: Alpine Desert

You will rise around 23h30, and after some tea and biscuits you shuffle off into the night. You will head in a northwesterly direction and ascend through heavy scree towards Stella Point on the crater rim. This 6-hour walk to Stella point is for many climbers, mentally and physically the most challenging on the route. At Stella Point (5685m) you will stop for a short rest and will be rewarded with the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point you will normally encounter snow all the way on your 2-hour ascent to Uhuru Peak. After a short time at the summit, descend along the gently sloping crater rim to Stella Point, and then descend the Mweka Route down a steep scree slope to Barafu Camp 4,600 m for lunch. In the afternoon continue the descent into the Heather Zone to Mweka Camp for the night.

DAY 10: MWEKA CAMP – MWEKA GATE

Elevation (m): 3100m to 1980m

Distance: 10 km

Hiking Time: 4-5 hours

Habitat: Forest

From the camp to the gate, you'll have 4 to 5 hours of walking. Upon your arrival at the gate you'll have lunch and then will be transferred to Arusha.